| Rang | Nr | Name | License | Club | Category | Rank | Time Swim | Swim | Time T1 | T1 | Time Bike | Bike | Time Swimbike | Swimbike | Time T2 | T2 | Time Run | Run | TimeTotal |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 472 | Heirman Britt | 06149F97 | TDL | F24 (Senioren) | 1 * | 00:10:52.32 | 1 | 00:01:31.98 | 2 | 00:37:30.40 | 1 | 00:49:54.70 | 1 | 00:00:59.92 | 1 | 00:20:44.19 | 1 | 01:11:38.83 |
| 2 | 481 | Weyn  Shelsea | 23490F94 | 3PT | F24 (Senioren) | 2 * | 00:10:55.28 | 2 | 00:01:28.35 | 1 | 00:38:47.15 | 3 | 00:51:10.79 | 3 | 00:01:17.52 | 2 | 00:23:39.14 | 4 | 01:16:07.46 |
| 3 | 474 | Naets Elke | 04941F81 | KTT | F40 (Masters A) | 1 * | 00:11:56.23 | 4 | 00:01:41.18 | 4 | 00:37:31.89 | 2 | 00:51:09.32 | 2 | 00:01:27.39 | 6 | 00:23:50.56 | 5 | 01:16:27.28 |
| 4 | 471 | Crabbe Carolien | 44985F92 | 3PT | F24 (Senioren) | 3 * | 00:14:15.03 | 9 | 00:02:05.97 | 9 | 00:39:20.03 | 5 | 00:55:41.04 | 7 | 00:01:32.88 | 8 | 00:21:20.54 | 2 | 01:18:34.47 |
| 5 | 477 | Van Den Eede Els | Foreign | | F40 (Masters A) | 2 * | 00:11:28.99 | 3 | 00:02:05.27 | 7 | 00:40:59.47 | 8 | 00:54:33.73 | 5 | 00:01:26.31 | 4 | 00:23:36.05 | 3 | 01:19:36.11 |
| 6 | 475 | Poisquet Paulien | 48527F99 | ZLTC | FU23 (Beloften) | 1 * | 00:12:00.71 | 5 | 00:01:37.52 | 3 | 00:40:53.37 | 7 | 00:54:31.61 | 4 | 00:01:28.52 | 7 | 00:25:40.72 | 7 | 01:21:40.86 |
| 7 | 482 | Willems Lotte | 103653F90 | 3MD | F24 (Senioren) | 4 | 00:13:43.53 | 6 | 00:02:07.41 | 10 | 00:39:40.11 | 6 | 00:55:31.06 | 6 | 00:01:27.17 | 5 | 00:27:01.19 | 9 | 01:23:59.43 |
| 8 | 480 | Verrykt Griet | 48031F76 | TriaMo | F40 (Masters A) | 3 * | 00:14:30.44 | 10 | 00:02:01.28 | 6 | 00:39:09.93 | 4 | 00:55:41.66 | 8 | 00:01:40.12 | 9 | 00:26:48.57 | 8 | 01:24:10.36 |
| 9 | 476 | Van de Velde Haike | 05282F87 | RTTO | F24 (Senioren) | 5 | 00:13:44.75 | 7 | 00:02:05.31 | 8 | 00:42:20.05 | 10 | 00:58:10.12 | 9 | 00:01:42.46 | 10 | 00:25:26.21 | 6 | 01:25:18.80 |
| 10 | 478 | Van der Heyden Shannon | 105982F98 | 3MD | F24 (Senioren) | 6 | 00:15:23.69 | 11 | 00:01:48.94 | 5 | 00:41:05.11 | 9 | 00:58:17.75 | 10 | 00:01:24.03 | 3 | 00:30:26.81 | 11 | 01:30:08.61 |
| 11 | 479 | Vandormael Marie-Jeanne | 14507F63 | T-MnK | F50 (Masters B) | 1 * | 00:14:03.47 | 8 | 00:02:45.54 | 11 | 00:45:32.85 | 11 | 01:02:21.87 | 11 | 00:01:52.91 | 11 | 00:29:30.78 | 10 | 01:33:45.57 |
| DNS | 470 | Ameloot Sylvie | 49513F79 | 3PT | F40 (Masters A) | | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 |
| DNS | 473 | Milo Amber | 107012F95 | GETT | F24 (Senioren) | | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 | 0 | 00:00:00.00 |